



## How to Swaddle an Infant for Swaddle Bathing

The goal of the swaddle blanket is to keep the infant warm and comforted throughout the bath. The swaddle should be loose enough to easily expose one extremity at a time for washing. Swaddling an infant for swaddle bathing is not the same as swaddling an infant for sleeping.

1) Position the blanket horizontally and place the infant on the blanket.



2) Put the infant's hands near her face for comfort and fold one side of the blanket over the infant.



3) Fold over the other side of the blanket.



### Why do we use a rectangular shaped swaddle bathing blanket?

The rectangular shape gives ample material to keep the infant covered while bathing. The rectangular shape provides the most coverage with the least amount of fabric.



A triangular shape, or a square which is folded into a triangle does not provide enough material at the bottom to keep the legs covered during bathing. A larger hospital blanket may be able to cover the legs when folded into a triangle, but the excess material adds bulk which is less efficient for the swaddle bathing process. Additionally, excess bulk will cool down the water temperature faster.

Our swaddle bathing blankets are available in 2 sizes and are designed for maximum heat retention, comfort and efficiency.

Small Fleece Blanket 20" x 23" (TT1103) – Recommended for infants up to 6 pounds.

Large Fleece Blanket 20" x 30" (TT1110) – Recommended for infants greater than 6 pounds.

Large Flannel Blanket 20" x 30" (TT1115) – Recommended for infants greater than 6 pounds.

Early Experiences Matter