

# Swaddle Bathing Blankets



Swaddling an infant during bathing helps to decrease behavioral stress and decrease hypothermia compared to traditional bathing methods<sup>1</sup>.

In order to accommodate the needs of your hospital, we offer 3 types of swaddle bathing blankets:

- Fleece reusable
- Non-woven disposable
- Cotton flannel reusable

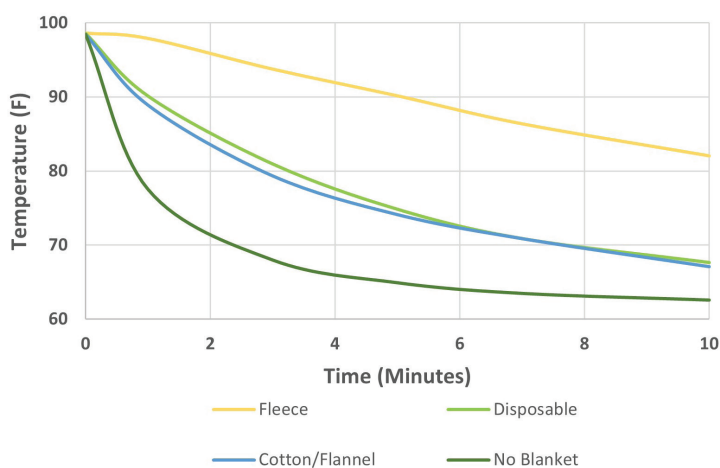


Fleece (Reusable)

Non-woven (Disposable)

Cotton flannel (Reusable)

## Heat Retention Comparison of TurtleTub Blankets Versus Not Using a Blanket



### Reusable Fleece Blanket:

The TurtleTub fleece blanket is the warmest blanket option. It is thick, cozy and stretchy, and it provides optimal warmth and comfort. Our high quality fleece can be laundered and used on multiple patients. Fleece is the optimal choice for preterm infants. This blanket comes in large and small sizes.

### Disposable Non-Woven Blanket:

The TurtleTub disposable blanket is ideal for hospitals that understand the importance of swaddling infants during bathing, but do not have laundering options. This blanket is soft and slightly stretchy. It comes in a large size.

### Reusable Cotton Flannel Blanket:

The TurtleTub cotton flannel blanket is a more cost effective blanket. It is ideal for healthy full term infants. It can be laundered and re-used, given to the family or used as a disposable. It comes in a large size.



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## ORDERING INFORMATION

Item #	Description	Fabric Weight (GSM)	Qty/Case
TT1103	Fleece Reusable Swaddle Bathing Blanket - Small (20" x 23")	250	25
TT1110	Fleece Reusable Swaddle Bathing Blanket - Large (20" x 30")	250	25
TT1115	Cotton Flannel Reusable Swaddle Bathing Blanket - Large (20" x 30")	150	25
TT1119	Non-woven Disposable Swaddle Bathing Blanket - Large (20" x 30")	100	100

### Why are TurtleTub blankets better than standard hospital blankets?

Hospital blankets are big and cumbersome, and they cool the bath water quickly. All TurtleTub blankets are sized appropriately for swaddle bathing and are designed for warmth and comfort. The TurtleTub fleece blanket is the warmest, coziest option.



### How to Swaddle an Infant for Swaddle Bathing:

The goal of the swaddle blanket is to keep the infant warm and comforted throughout the bath. The swaddle should be loose enough to easily expose one extremity at a time for washing. Swaddling an infant for swaddle bathing is not the same as swaddling an infant for sleeping.



**1.** Position the blanket horizontally and place the infant on the blanket.



**2.** Put the infant's hands near her face for comfort and fold one side of the blanket over the infant.



**3.** Fold over the other side of the blanket.

#### Blanket Laundering Recommendations:

- Wash up to 170° F
- Dry 140° F - 150° F for 20 minutes
- If bleach is required use only color-safe bleach
- Follow CDC Guidelines for Laundry in Healthcare Facilities.

## REFERENCES

1. Çaka SY, Gözen D. Effects of swaddled and traditional tub bathing methods on crying and physiological responses of newborns. J Spec Pediatr Nurs. 2018;23:e12202



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